

# 425 Business

*Thirty*

UNDER

*Thirty*

Norman Wu, 28  
Co-owner, Just Poké

**Passionate.**  
**Philanthropic.**  
**Pioneering.**

Meet this year's class  
of the Eastside's  
brightest young  
professionals.

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A portrait of Chelsea Long, a young woman with blonde hair and glasses, wearing a dark blue blazer over a black top. She is smiling and standing in front of a modern building with large glass windows. The background is slightly blurred.

## Chelsea Long, 25

RESTAURANT SUPERVISOR, THE HEATHMAN HOTEL

**C**helsea Long is putting in quite an effort to dispel the idea that millennials don't work hard. In roughly a year supervising Trellis Restaurant at the stately Heathman Hotel in downtown Kirkland, Long has steadily been given more and more responsibility. Supervisors laud her energy and ability to constantly make her team more efficient, but her passion for food and drink doesn't end when the work does. The self-described foodie is constantly trying new restaurants and drinks to see what's up in the hospitality industry. — CP

**RESIDENCE**  
Mukilteo

**HOMETOWN**  
Yakima

**EDUCATION**  
Washington State University, Bachelor of Arts in Hospitality Business Management

**FIRST JOB**  
Winery greeter

**HOBBIES**  
Avid foodie

**FAVORITE PODCAST**  
"Sword and Scale"

**MILLENNIAL MYTH**  
**PET PEEVE**  
"We don't have a work ethic."