



KIRKLAND, WASHINGTON

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For Immediate Release

HEATHMAN HOTEL FURTHERS ITS ECO-FRIENDLY VISION WITH “GREEN CHOICES” INITIATIVES

The environmentally conscious hotel provides guests with amenities to reduce carbon footprints and create a greener living space

KIRKLAND, Wash. – January 7, 2010 – The Heathman Hotel in Kirkland is demonstrating its continued commitment to green practices by providing infrastructure, amenities and guest services aimed at minimizing environmental impacts. Living up to its eco-friendly esteem The Heathman Hotel has implemented its “Green Choices” program, with such measures as:

- **Infrastructure:** Use of Energy Star compliant lighting fixtures, substituting halogen lighting for incandescent down-lights, and installing locally produced building materials with longer life cycles. Water-conserving programs abound in-room and hotel-wide
- **Sustainable Dining:** Trellis, the hotel restaurant, features cuisine with seasonal, fresh produce cultivated and harvested from Chef Brian Scheehser’s own three-acre, transitional, salmon-safe farm in nearby Woodinville. Also:
 - All fryer oil is recycled and used for bio-diesel.
 - All egg and produce food scraps are composted for use on Chef’s Farm.
 - A greenhouse built on the farm in 2008 yields fresh produce year-round, making the restaurant more sustainable and cutting food miles.
- **Intelligent environmental control thermostats** that allow for preferred comfort level when room is occupied, returning automatically to established low energy levels when room is unoccupied (via a sensor module).
- **Eco pet bed:** In reducing the carbon “pawprint” of guests’ pets, one of the hotel’s three pet bed options includes the Organic Bumper Bed, made with a removable organic cotton cover and a cushion made from [IntelliLoft™](#) fiber fill, wholly comprised of recycled soda bottles.
- **Earth-friendly spa products:** Heathman Hotel’s Penterra Spa uses natural oils, organic ingredients and vegan nail polishes in its products during services.
- **Furnished bicycles:** free guest use of hotel-designated Swobo bicycles for up to four hours (helmets are provided and bicycles are thoroughly maintained and inspected). The bicycles help guest’s reduce their carbon footprints while Kirkland sightseeing or commuting to nearby Google/downtown Kirkland offices.
- **Adopt-a-park:** The Heathman Hotel’s green practices branch out into community stewardship opportunities for employees; it adopted the 10-acre Heritage Park (111 Waverly Way, Kirkland) filled with trails, displays and an historic meeting hall.
- **Online Wall Street Journal:** The hotel hosts a full access subscription for all guests, rather than creating paper waste from the print version, literally saving tons in waste--and energy.
- **Guest room recycling:** Recycling bins are supplied in each guest room; housekeeping provides additional sorting services.
- **Hybrid hotel shuttle:** The Heathman Hotel Kirkland recently invested in a 2010 Chevrolet Tahoe Hybrid for its main courtesy vehicle; it also contracted with Seattle Green Limo as its back-up town car service.

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About The Heathman Hotel

The [Heathman Hotel in Kirkland](#), located on Seattle's Eastside, has garnered the AAA of Washington Four Diamond Award®, an indicator of excellence which promises travelers an unparalleled lodging experience. The Heathman Hotel features 91 classic guest rooms and suites; the 5,000-square-foot [Penterra Spa](#), complete with individualized treatment spaces and deluxe fitness center; 2,500 square-feet of meeting/event space; and [Trellis](#), a 90-seat wine country inspired restaurant and bar helmed by Chef Brian Scheehser. Trellis' robust menu evolves with the seasons, often featuring items from Scheehser's own three-acre farm. Visit <http://heathmankirkland.com/> or call (425) 284-5800 / (866) 997-5475 for reservations and more.

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